## girl scouts of eastern oklahoma



Adverse Childhood Experiences (ACEs) are prevalent among Oklahoma youth. When ACEs are not mitigated by Protective and Compensatory Experiences (PACEs), they can lead to disrupted neurodevelopment; social, emotional, and cognitive impairment; the adoption of risky behaviors; disease, disability, and social problems in adulthood; and the risk of early death.

American Psychological Association

Within Girl Scout troop settings, girls experience six out of the ten PACEs, which increase their resilience and protect against the risk for physical and mental illness that stems from ACEs. These six PACEs are as follows: volunteering or helping others, being active in a social group, having a mentor outside of the family, having opportunities to learn, having a hobby, and being active.

Girl Scouting builds girls of courage, confidence, and character who make the world a better place.

AGENCY IMPACT: Education



