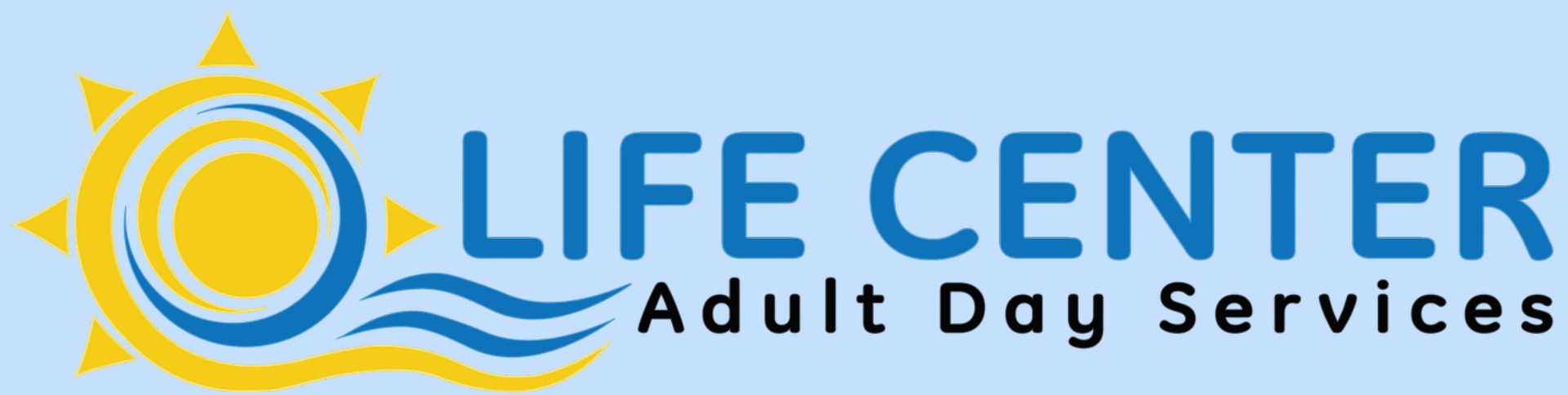




MISSION

The LIFE Center's mission is to enhance the quality of life for the elderly and disabled, and their caregivers, by providing compassionate support, comprehensive resources, and innovative programs.

IMPACT AREA

- Financial Security
- Healthy Community

PURPOSE

The LIFE Center addresses interconnected challenges facing older adults and adults with disabilities, as well as the families who care for them. Programs help to mitigate risks like elder abuse, isolation, and mental health decline, while promoting a healthier, more inclusive community where older adults can thrive.

SERVICES

Core services include adult day care, caregiver respite, therapeutic activities, wellness programs and community engagement initiatives.

RESULT

Last year, a participant began attending the LIFE Center during a very challenging time for their family. Their caregiver was working full-time while also trying to manage the increasing care needs of their loved one. The participant had begun spending most days alone at home and was becoming increasingly withdrawn and isolated. Their family worried that without additional support, they might soon have no choice but to consider a higher level of care. When the participant first started attending the LIFE Center, they were quiet and hesitant to join activities. Over time, with encouragement from staff and the welcoming environment created by other participants, they slowly began engaging in daily programming such as exercise classes, music, group games, and social conversations. As weeks passed, the change became noticeable – not only to staff, but to their family as well.