

A woman with long blonde hair, wearing an orange t-shirt, is sitting in a chair in a clinical setting. She is smiling at the camera. Her left arm is extended, and a blue blood pressure cuff is wrapped around her upper arm. A medical professional's hand is visible, holding a green device (likely a pulse oximeter) on her wrist. In the background, there is medical equipment, including a monitor and various tubes and wires. A semi-transparent blue banner is overlaid across the middle of the image, containing the text "Our Blood Institute".

Our Blood Institute

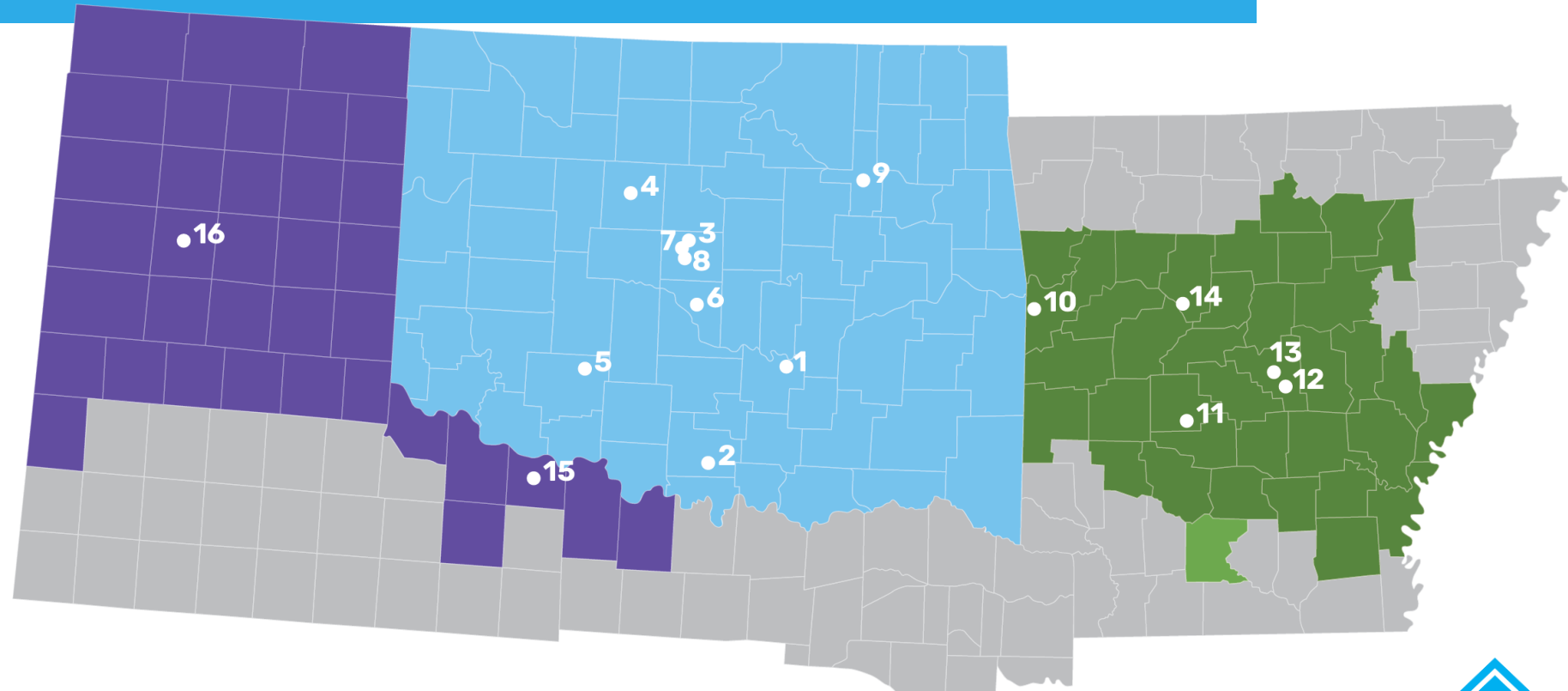


Our Blood Institute

OBI Vitals

Oklahoma Blood Institute is the 6th largest non-profit blood center in the country, serving as the donor-to-patient lifeline for the state.

- 17 locations
- Service over 300 hospitals
- One of the first blood banks to test for HIV
- Convalescent Plasma Testing during COVID
- Test for hepatitis C, HIV, West Nile and many more on each donation.



A grayscale photograph of a woman with long blonde hair sitting in a chair, smiling at the camera. She is in a clinical setting, likely a blood donation center. To her left, there is a blood donation machine with various tubes and components. A blue semi-transparent banner is overlaid across the middle of the image, containing the text "Why is Blood Donation Important?".

Why is Blood Donation Important?



The need for blood:

1,200 UNITS

It takes over 1,200 units of blood each day to sustain our local blood supply.

EVERY 2 SECONDS

Every two seconds someone needs blood, yet less than 10% of those eligible donate.

1 DONATION 3 LIVES

A single blood donation, taking less than an hour, can save up to three lives.





Eligibility

A close-up photograph of a hand with light-colored nail polish holding a bright red, realistic-looking heart. The background is blurred, showing what appears to be a medical or clinical setting with other people and equipment.

Donor Eligibility

Requirements

Age: 16 and older
Under 18: 125+ pounds
Over 18: 110+ pounds
*16-year-olds require parental consent form

Preparation

Eat an iron rich meal and drink plenty of water before donating.

Day Of

Make sure you have your photo ID and wear short-sleeve shirt.





Donation Myths

Myths

Get the facts on blood donor eligibility.



FACT

Community blood centers provide donated blood directly to patients, while for-profit plasma companies send collections overseas to manufacture pharmaceutical products.

Get the facts on blood donor eligibility.



FACT

Medications for high blood pressure alone do not disqualify someone from donating blood.

Get the facts on blood donor eligibility.



FACT

FDA updates have lifted restrictions on blood donation eligibility related to vCJD, allowing many previously deferred donors to give.



Myths

Get the facts on blood donor eligibility.



Those with a cancer history can donate if cancer-free for a certain period and meet eligibility guidelines.

Get the facts on blood donor eligibility.



There is no upper age limit for blood donation. The minimum age in most states is 16, with parental consent.

Get the facts on blood donor eligibility.



Diabetics on insulin can donate blood as long as their condition is well-managed.



Myths

Get the facts on blood donor eligibility.



You can donate blood if your tattoo was done at a state-regulated tattoo shop. Otherwise, you must wait three months post-application before donating.

Get the facts on blood donor eligibility.



Most medications do not disqualify you from donating blood.

Get the facts on blood donor eligibility.



Sexual orientation is no longer a factor in blood donation eligibility.



Donable

HOW MUCH CAN YOUR ORG EARN?

\$100

per blood donation from someone
who has never donated blood
(first time donor)

\$15

per blood donation from a
donor who has given blood
in the last 2 years

\$35

per blood donation from
a donor who last donated
blood more than 2 years ago



"Thank you so much
for donating blood!
Without people like
you, we wouldn't
have our son today!"

